

## Vancouver Lake Crew 2012

### Personal Information, Health and Swimming Proficiency

#### ADULT ROWER Information

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (home) \_\_\_\_\_ Phone (cell) \_\_\_\_\_

Email Address \_\_\_\_\_

Do you have any allergies or medical conditions that the coaches should be aware of? \_\_\_\_\_

If yes, please explain. \_\_\_\_\_

**Proceed to box at bottom of page.**

#### STUDENT ROWER Information

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parents Names \_\_\_\_\_

Phone (home) \_\_\_\_\_ Phone (Student's Cell) \_\_\_\_\_

Phone (Parent's Cell) \_\_\_\_\_ Phone (Parent's Cell) \_\_\_\_\_

Parent's Email Address \_\_\_\_\_

Student's Email Address \_\_\_\_\_

YEAR/GRADE IN SCHOOL \_\_\_\_\_ SCHOOL \_\_\_\_\_

Do you have any allergies or medical conditions that the coaches should be aware of? \_\_\_\_\_

If yes, please explain. \_\_\_\_\_

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

I, \_\_\_\_\_ am in good health and have no health conditions that would prevent me from participating fully in the activities of the sport. I am a proficient swimmer. I can swim 100 yards without swimming aids. I can tread water for at least ten minutes. I have no fear of water. If I am under 18 years of age, I have my parent's (or legal guardian's) permission to participate in this sport. I will abide by all team rules. I will follow all rules set forth by the coaches of Vancouver Lake Crew.

\_\_\_\_\_  
Parent / Legal Guardian's Signature, if under 18 years of age

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date