

# Adult Rowing on Vancouver Lake



**NO EXPERIENCE NECESSARY**

Coach Tom: 971 340-5891 [tomasleo24@gmail.com](mailto:tomasleo24@gmail.com)

**Swim Test REQUIRED for all new rowers.**

Please visit our website to download waivers and swim test forms.

## Typical Events:

(visit our calendar on the website)

**Winter**—Christmas Lights Row; VLC New Year's Row; Tough Love Indoor Rowing Championships.

**Spring**—Covered Bridge; VLC Spring Regatta

**Summer**—Masters Regionals; Rat Island

**Fall**—Budd Inlet; Row for the Cure; LOOP; Portland Fall Classic; Head of the Dog; Head of the Lake; Row to Remember



## Cost:

**Membership:** \$50/mo.

Payable on the first of the month.

**Beginner or Level II lessons:** for new rowers or those wishing to improve their skills.

**Group, Private or Semi-Private lessons:** Refer to Web Calendar

8612 NW Erwin O Rieger Memorial Hwy, Vancouver, WA 98660 [www.vancouverlakecrew.com](http://www.vancouverlakecrew.com)